















# June 2023

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|--|--|---|--|--|--|
|          |   |    |    | 1<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Western<br>5:00 Dinner                   | 2<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Arts and Crafts<br>12:00 Lunch<br>12:30 Music with Melissa<br>2:30 Movie Time<br>5:00 Dinner  |                 |
|          | 4<br>5<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Weekly Trivia, Word and Puzzle Pack<br>10:00 Nail Care/ Beauty Shop<br>12:00 Lunch<br>2:00 Mamrelund Lutheran Church service<br>5:00 Dinner                  | 6<br><b>D - Day</b><br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Word Work<br>5:00 Dinner | 7<br>6:00 Morning news and weather<br>8:00 Breakfast<br>12:00 Lunch<br>1:30 Hobby of choice<br>3:00 Cards and Table games<br>5:00 Dinner                          | 8<br><b>ing PTO</b><br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Western<br>5:00 Dinner | 9<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Arts and Crafts<br>12:00 Lunch<br>12:30 Music with Melissa<br>2:30 Movie Time<br>5:00 Dinner  |                 |
|         | 11<br>12<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Weekly Trivia, Word and Puzzle Pack<br>10:00 Nail Care/ Beauty Shop<br>12:00 Lunch<br>2:00 Mamrelund Lutheran Church service<br>5:00 Dinner                | 13<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Word Work<br>5:00 Dinner                  | 14<br><b>Flag Day</b><br>6:00 Morning news and weather<br>8:00 Breakfast<br>12:00 Lunch<br>1:30 Hobby of choice<br>3:00 Cards and Table games<br>5:00 Dinner      | 15<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Western<br>5:00 Dinner                  | 16<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Arts and Crafts<br>12:00 Lunch<br>12:30 Music with Melissa<br>2:30 Movie Time<br>5:00 Dinner |                |
| 18<br> | 19<br><b>Juneteenth</b><br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Weekly Trivia, Word and Puzzle Pack<br>10:00 Nail Care/ Beauty Shop<br>12:00 Lunch<br>2:00 Mamrelund Lutheran Church service<br>5:00 Dinner | 20<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Word Work<br>5:00 Dinner                  | 21<br><b>Summer Begins</b><br>6:00 Morning news and weather<br>8:00 Breakfast<br>12:00 Lunch<br>1:30 Hobby of choice<br>3:00 Cards and Table games<br>5:00 Dinner | 22<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Western<br>5:00 Dinner                  | 23<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Arts and Crafts<br>12:00 Lunch<br>12:30 Music with Melissa<br>2:30 Movie Time<br>5:00 Dinner |               |
|        | 25<br>26<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Weekly Trivia, Word and Puzzle Pack<br>10:00 Nail Care/ Beauty Shop<br>12:00 Lunch<br>2:00 Mamrelund Lutheran Church service<br>5:00 Dinner                | 27<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Word Work<br>5:00 Dinner                  | 28<br>6:00 Morning news and weather<br>8:00 Breakfast<br>12:00 Lunch<br>1:30 Hobby of choice<br>3:00 Cards and Table games<br>5:00 Dinner                         | 29<br>6:00 Morning news and weather<br>8:00 Breakfast<br>10:00 Bingo with Sue<br>11:30 Exercise Class<br>12:00 Lunch<br>1:30 Western<br>5:00 Dinner                  | 30<br>6:00 Morning news and weather<br>8:00 Breakfast<br>9:30 Arts and Crafts<br>12:00 Lunch<br>12:30 Music with Melissa<br>2:30 Movie Time<br>5:00 Dinner | <b>All Activities Are Subject to Change,<br/>                     Thank You for Understanding.</b> |