



Fountain View

ASSISTED LIVING

50 S Maple Street • Grant, MI 49327 • (231) 834-8202

Management Team

- Sarah Maxim-Gerard Administrator
- Hope Smith Resident Care Director
- Inger Nicholson Life Enrichment Director
- Casey Sweet Food Service Director
- Tyler VanDette Environmental Director
- Kelsey Epplert RCM 2nd shift
- Jessica Haines RCM 3rd Shift

Resident Council Meeting

Our monthly Resident Council Meetings are held on the 2nd Wednesday of the month after lunch. They give our resident friends the opportunity to share their ideas, questions, complaints or comments with the management team and other residents. We value each person and their unique perspective. We encourage every resident to come to this forum where they can speak freely and be a part of our continued positive growth in all areas of the assisted living experience.

Happy Birthday! CELEBRATE!!!!!!

- Glenn Kettlebar 09/03
- Barb Thompson 09/10
- Tana Laubach 09/11
- Hope Smith 09/13
- Cindy Barnes 09/20
- Charlene Winegarden 09/21



September 2023



Sporty September

September marks the beginning of the NFL season, and the MLB season is nearing an exciting end. Two of the most popular sports in America, football and baseball share just one person in their halls of fame: Cal Hubbard, who was a linebacker for three NFL teams and spent 16 seasons as an MLB umpire.

It's Good To Ask Questions

We can sometimes feel embarrassed when we don't know an answer or are confused about something. But don't be afraid to ask questions! It's the only way we can learn. Asking questions is a foundation of clear communication, preventing us from making incorrect assumptions and helping us solve conflict. Inquisitive people also tend to have higher emotional intelligence. So ask away!

Brainteaser

Question: My voice is tender, my waist is slender and I'm often invited to play. Yet wherever I go, I must take my bow, or else I have nothing to say. What am I?
Answer: A violin.

September Message from Sarah

Welcome to the month of September, Fall is quickly approaching! I am sure many of us are saying, "Just where did the summer go?" Hopefully we will still have some nice, warm days to enjoy for a bit. We are happy that the front exterior of Fountain View has been given a fresh coat of paint with accents. It really brightens things up! September 12th we will have our carpets in the hallways throughout the building professionally cleaned, deodorized and protected. We do this one to two times per year in addition to cleaning by Fountain View staff. This will occur right after the dinner hour as to not interfere with daily visits or traffic. Please continue to look for email updates to keep you aware of important notes and communication. Once again thank you for letting Fountain View of Grant be a part of the lives of the residents and you as well. Remember, we are always looking for volunteers in any area of talent and time! Looking forward to a fun filled and festive fall season.

Peace be with you,
Sarah

A Caregiver's Tool Box

Caregiving is a series of attitudes and behaviors that are learned over time. The toolbox for a caregiver is filled with a variety of skills. Below are some of the items found in a caregivers toolbox.

Compassion: Jesus was filled with compassion when He ministered. Compassion is kindness in action. It is a way of relating to one another on a caring level.

Kindness: Kindness is a characteristic of the Spirit. D.W. Williams and Willie Williams each lived to be 105 years old. They were married for 82 years. They said the secret to a long marriage was being nice to each other. That's pretty good advice!

Prayer: Praying for someone is to place them in God's hands. We provide the care and God provides the cure. Not only do we tell people we will pray for them. We can actually follow through and pray for someone.

Saying a Blessing: When we bless someone, we say good words about them and to them. We all desire to hear good words. Compliments can really make a person's day. Saying good words will have a ripple effect on those around you.

A Cup of Cold Water: Jesus talks about the importance of doing little things to let people know you care. In Matthew 10:42 He mentions giving a cup of cold water to someone who is thirsty as an act of caregiving. Little acts of kindness help make to fill our days with a sense of being loved and belonging. Using these tools regularly is something we can all do to brighten our corner of the world.